

**NOTICE—MOSQUITO BITES CAUSE MALARIA.**  
IF YOU ARE IN A MALARIA ZONE, KEEP YOUR  
SHIRT ON AND YOUR SLEEVES ROLLED DOWN.  
USE MOSQUITO REPELLENT WHEN OUT OF DOORS  
BETWEEN SUNSET AND SUNRISE.

# RATION, TYPE K BREAKFAST UNIT

**B**

OPEN INNER BAG CAREFULLY. IT MAY BE USED AS A WATERPROOF CONTAINER FOR MATCHES, CIGARETTES, ECT.

FOR SECURITY, DO NOT DISCARD THE EMPTY CAN, PAPER, OR OR REFUSE WHERE IT CAN BE SEEN FROM THE AIR. IF POSSIBLE, COVER WITH DIRT, FOLIAGE, SAND, ECT.

PACKAGED BY  
POPECK PACKING COMPANY, INC.  
CAMBRIDGE, MD.

- 2 PACKAGES BISCUITS (ENERGY CRACKERS).
- 1 CAN MEAT AND EGGS: EAT COLD, OR AFTER HEATING BY BOILING CAN IN WATER.
- 1 ENVELOPE--COFFEE POWDER: ADD CONTENTS TO  $\frac{1}{2}$  CANTEEN CUP OF COLD OR HOT WATER WITH SUGAR TO TASTE, AND STIR WELL.
- 4 LUMPS OF SUGAR.
- 1 PACKAGE OF 4 CIGARETTES.
- 1 BOOK OF 10 MATCHES.
- 1 FRUIT BAR: EAT COLD OR MAKE INTO JAM BY STEWING 3 TO 4 MINUTES IN ABOUT 4 SPOONFULS OF WATER.
- 1 PIECE OF CHEWING GUM.

**B**