

**U.S. ARMY FIELD RATION C**  
**M - 2 UNIT**  
**CHICKEN &**  
**VEGETABLES**

**INGREDIENTS: CHICKEN FLAVORED GRAVY,  
CHICKEN, POTATOES, CARROTS, CORN**

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

CONTENTS	
2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

**KEY FOR M UNIT ENCLOSED**

**U.S. ARMY FIELD RATION C**  
**M - 2 UNIT**  
**SAUSAGE AND GRAVY**

**INGREDIENTS: GROUND SAUSAGE (PORK AND BEEF PRODUCTS), GRAVY, STARCH**

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

**KEY FOR M UNIT ENCLOSED**

**U.S. ARMY FIELD RATION C**  
**M - 1 UNIT**  
**MEAT &**  
**BEANS**

**INGREDIENTS: BEEF, BEANS (SOAKED), TOMATO  
PUREE, PORK, WATER, SUGAR, SALT AND SPICES**

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

**KEY FOR M UNIT ENCLOSED**

# U.S. ARMY FIELD RATION C

M - 2 UNIT

## MEAT & VEGETABLE HASH

INGREDIENTS: POTATOES, BEEF, PORK,  
WATER, ONIONS, SALT AND SPICES

# US ARMY FIELD RATION, C TYPE

B UNIT

CONTENTS	
2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

KEY FOR M UNIT ENCLOSED

**U.S. ARMY FIELD RATION C**  
**M - 3 UNIT**  
**MEAT &**  
**VEGETABLE STEW**

**INGREDIENTS: BEEF, BEANS (SOAKED), POTATOES,  
CARROTS, TOMATO PUREE, WATER, SALT AND SPICES**

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

<b>CONTENTS</b>	
2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

**KEY FOR M UNIT ENCLOSED**

**U.S. ARMY FIELD RATION C**  
**M - 2 UNIT**  
**PORK & BEANS**

**INGREDIENTS: BEANS, TOMATO  
SAUCE AND PORK**

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

<b>CONTENTS</b>	
2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

**KEY FOR M UNIT ENCLOSED**

**U.S. ARMY FIELD RATION C**  
**M - 2 UNIT**  
**MEAT &**  
**SPAGHETTI**

INGREDIENTS: GROUND HAMBURGER,  
PASTA AND TOMATO SAUCE

**US ARMY FIELD RATION, C TYPE**  
**B UNIT**

2.50 oz	BISCUITS
1.00 oz	CONFECTION
.50 oz	SUGAR
.25 oz	SOLUBLE BEVERAGE

KEY FOR M UNIT ENCLOSED

# NOTICE

Thanks for your interest in my C ration labels! I feel they are a fairly accurate representation of what the soldiers would have had to choose from during the war. With the exception of the Sausage Gravy label, all are authentic menu items. This was created to offer a 'breakfast type' menu item for my troops- do not feel obligated to use it.

To create my C rations, for the M unit I use 15oz canned food products- Hormel chili, Dinty Moore stews, etc. I then get cheap veggies at the Dollar store and open them and use those cans for my B unit. I use a 'Pampered Chef' can opener. These are available through Pampered Chef parties (ask your wife or mother) or can be purchased on Ebay. This type opener opens the can on the side of the lip, enabling you to lift the lid off (no sharp edges) and replace it again. I fill the B unit can with crackers, chocolate, hard candy, etc and a P-38 to open the M unit. After filled, I take the lid and run a small bead of white glue around the edge where it fits back onto the can. Put under weight for a few hours till it dries. I then spray paint the cans Gold. Then I print out the labels and rubber cement them on, and then you're good to go. I use gold "scrapbooking" paper found at Michael's or AC Moore craft stores.

The labels are in .PDF format, and should be opened and used with Adobe Reader or Acrobat. Other programs may give you font problems. Each label file contains 1 label for the M unit and 1 for the B unit arranged longways on an 8 ½ x 11 sheet, giving you a complete meal per file. Hope you find these useful!

Doc Hoovie  
hoovied@yahoo.com